ABOUT US

The Women's Recovery Program provides a voluntary women's residential program for the treatment of a substance use disorder and co-occurring enhanced disorder(s).

Phone : 508-754-1865

Website: www.ccworc.org

Referral : LWP_referral@ccworc.org

email

Location: 196 Mechanic Street

Leominster, MA 01453



RESOURCES

MA Substance Use Helpline 1-800-327-5050 Helplinema.org

SAMHSA National Hotline (800) 662-HELP (4357) English and Español (800) 487-4889 (TDD)

United Way of Central Massachusetts (508) 755-1233 - Central MA (800) 551-2021 - North County Speak with a trained information and referral specialist who can help you determine what services may be available to you.

Substance Abuse & Mental Health Services Administration www.findtreatment.samhsa.gov

The MA Substance Use Helpline www.helplinema.org

Alcoholics Anonymous www.aa.org





LEOMINSTER WOMEN'S RECOVERY PROGRAM

Licensed by the MA Bureau of Addiction Services

All residents are expected to do the following while a Resident is at the Women's Recovery Program:

- Meet with Psychiatrist within 48 hours of admission to complete an evaluation.
- Meet each week with an assigned Counselor as noted on weekly house schedule.
- Attend all required in-house clinical groups each week as posted on the weekly schedule (All days of the week).
- Attend self-help meetings daily or other activities of support as appropriate to their status.
- Become an active member of a self-help group within 60 days of admission.
- Get names and phone numbers at outside meetings and develop her own support network in the Recovery Community.
- Do household chores as assigned on the weekly schedule or as assigned otherwise.
- Keep herself and her room clean and neat on a daily basis.
- Observe nightly curfew (10:00 p.m.).
- Be willing to submit to a random supervised toxicology screen at anytime.

Staff is here to help, guide, and support every resident while ensuring safety for all.

These are a brief list of requirements for those in the Women's Recovery Program. Those interested in our services <u>must</u> present with both a Substance Use Disorder and Mental Health Disorder as determined upon interview.

The following areas are also discussed with the resident and her assigned Counselor: Legal, Health (both physical & emotional), Family Concerns, Career Goals, and Continuing Care/ Aftercare Plan(s).

Statement of Mutual Rights & Responsibilities

Your decision to enter the Women's Recovery Program, and our decision to admit you constitute an agreement, with rights and responsibilities for each of us.

YOU have the right to:

- Ask about our services as well as about the rules and regulations which apply to you.
- Examine and comment, either orally or in writing, on the record of your residency, and include a statement of your own accord in that record.
- Ask about the policies and procedures which protect your privacy to the fullest extent of the law.
- Discuss any problems with staff and participate in a staff conference on matters of direct concern to you.
- You have the right to choose your self-help group and path of recovery.
- Make suggestions on how services can be improved and register complaints directly to the staff who will discuss such concerns with the Program Director.
- Expect a reasonable continuity of care.
- Have the opportunity to work with peers in weekly house meetings on matters that concern residents as a whole.
- Terminate your residency at any time as this is a voluntary program. Structure of the program is mandatory.



We have a right to:

- Determine the nature of our services and establish the rules and regulations that apply to residents.
- Keep a record of your activities as a resident, and include an appraisal of your progress in our record.
- Release your record or portions of it with your informed written consent or as otherwise directed by law, and destroy your record in accordance with agency policies.
- Review your activities and evaluate your progress at staff conferences, and to expect you to participate in those conferences whenever appropriate.
- Expect that suggestions and complaints will be made directly to the staff prior to discussion outside of the Women's Recovery Program.
- Modify our policies and procedures so as to improve the quality and continuity of your care.
- Terminate your residency at the end of your contract period, or at any time during that period for cause (e.g. disciplinary).